

CUPPA.
CAKE.
CONVERSATION.



Come and join us for a Cuppa at an
informal gathering for help with life and living

Friendly Advice on

Finance

Care
Support

Mental
Health

Benefits

Wellbeing

Volunteering

Upcoming Dates

Wed 6th Dec 2023	-	Catterick Garrison Library	2pm - 4pm
Wed 10th Jan 2024	-	Richmond Town Hall	2pm - 4pm
Tues 6th Feb 2024	-	Colburn Village Hall	9.30am - 11.30am
Wed 6th Mar 2024	-	Catterick Garrison Library	2pm - 4pm
Wed 10th Apr 2024	-	Richmond Town Hall	2pm - 4pm
Tues 7th May 2024	-	Colburn Village Hall	9.30am - 11.30am

Organisations involved in Cuppa Connect



Working in partnership with

